

Providers for Adult Diagnosis of Autism

There are many reasons for an adult to wonder if they have autism. Many people may be looking for an identity to understand why their brain works differently. Some may be wondering if there are others like them and want to connect to a community. Others may be looking for more support in their daily life – at home or their workplace. No matter the reason an adult is looking for an adult diagnosis of autism, the providers below may be able to help adults 18 and over answer some of their questions.

If you are looking for additional information regarding finding a community of others with autism, therapy support, or work support, feel free to connect with OCALI through phone or email. (614) 410-0321 or email ocali@ocali.org.

Provider	Tips	Contact Info
Andrew Schlegelmilch , Ph.D., Clinical Psychologist, docschleg.com	Private practice clinician licensed in Ohio & California. Specializing in work with autism spectrum disorders including therapy and assessments and can be provided virtually. Located in Cleveland, but open to telehealth for therapy if they are not looking for full diagnostic process.	20220 Center Ridge Rd., Ste. 155 Rocky River, OH 44116 216-369-9374
Balanced Innovative Care balancedinnovativecare.com/pricing	Prices listed on website.	Balanced Innovative Care LLC 3737 Easton Market, #1067 Columbus, OH 43219 614-602-2172
CAST (Center for Autism Services and Transition) wexnermedical.osu.edu/primary-care/adult-autism-center	CAST is currently accepting patients ages 18 to 26 who need primary care and have a diagnosis of autism.	The Ohio State University Wexner Medical Center 410 W. 10th Ave. Columbus, Ohio 43210 614-688-9220
Center for Cognitive Behavior Therapy ccbtcolumbus.com	They diagnose autism in adults over tele-health only.	Multiple locations around Ohio and Tele-health. 614-459-4490

Provider	Tips	Contact Info
Dr. Chana Crystal , PsyD and Dr. Thomas Sullivan, PhD, drchanacrystal.com	Providing comprehensive psychological and psychoeducational evaluations for children, adolescents, and young adults. Chana Crystal, PsyD – Licensed Psychologist & School Psychologist	Fairfield area of Cincinnati. 2810 Mack Road Fairfield, Ohio 45014 (513) 874-4530
Child and Adolescent Psychology Associates capapsych.com	Offers psychological testing and individual and family therapy. PEERS Social Skills Groups. Specialty areas include autism, developmental delays, ADHD, learning disabilities, coping with chronic health conditions, anxiety, depression, stress management, LGBTQ+, pain management. Primarily cognitive behavioral therapy, strength-based, and family focused. They have two locations. They do adult testing on a case-by-case basis, making sure they are a good fit for the individual and the doctor (psychologist).	9200 Montgomery Rd Unit 17A, Building E Montgomery, OH 45242 8050 Beckett Center Dr. Suite 225 West Chester, OH 45069 513-589-0900
I Am Boundless iamboundless.org/whole-person-care	Review location tab.	Multiple locations. 1-800-409-2729
Macks Psychology Group	16+ or older for diagnosis. Usually, one to two months to be assessed	7799 Joan Drive West Chester, Ohio 45069 513-204-5746
Milestones Autism Resources milestones.org/adult-diagnosis-guide/provider-guide	Where Do I Start? The first thing we recommend is to read through our Adult Diagnosis Tool Kit. It will give you lots of information, like why someone would want a diagnosis, the differences between formal and self-diagnosis, and other research suggestions.	Statewide. (216) 464-7600
The Olympus Center/Best Point bestpoint.org/educational-evaluations	Connected with mental health counseling and readiness program for young adults who have graduated from high school.	Best Point Education & Behavioral Health 5050 Madison Road Cincinnati, OH 45227. 513-272-2800

All information current as of November 2024.