

Graphic Organizer

Name: _____ **Date:** _____

[Health Care Transition Readiness for Youth, Young Adults, and Families](#)

View Videos

[Take 5 - Health Care Transition Readiness for Youth, Young Adults, and Families \(8:03\)](#)

1. What do you know about your own healthcare? After watching this video, write two sentences about what the word healthcare means and what that term brings to mind. These statements will be used in your share-out later in the lesson.

[HCT 101 video to learn the basics about HCT \(2:30\)](#)

2. After watching this video, youth will mark topics they may want to talk about during the discussion part of the lesson. Check all the possible topics that apply.

Health insurance

Medication

Medical care after turning 18

Questions for my doctor

Differences between privacy and consent

Medical summary

Self-disclosure, what information should be withheld and what needs to be shared



Online Healthcare Transition Quiz

1. Complete [Health Care Transition Quiz](#)
2. Check the box - what level did you scored on the [Health Care Transition Quiz](#),

Expert: You are a health care transition expert! You're a great self-advocate, and your friends know it. You have planned for changes in your life as you get older, and you're quickly becoming an independent, empowered adult! Still, it wouldn't hurt to check out these tools and resources as you continue to transition to adulthood.

Almost expert: You've started this journey toward transitioning to an adult provider and toward becoming a self-advocate with your health, but you still have a ways to go.

More work to do: It looks like you may need some help with taking control of your health care as you transition to adulthood. But don't worry! Health care transition is about self-advocating for yourself as you grow up and become more independent. Knowing that you still have planning and work to do is half the battle.

3. Reflect on the definition of the level you identified. Write a summary on how you connected with the description.
 - a.
4. After completing the quiz, reflect on your top three priorities for next steps on your individual healthcare and who may be able to support you in getting more information.
 - 1.
 - 2.
 - 3.

Discussion - Pick one - Large Group OR Small Group

Large Group

1. The instructor will guide the class in a class discussion

What do you know about your own healthcare?

Here are some topics you may want to talk about. Check all the possible topics that apply to you.

Health insurance

Medication

Medical care after turning 18

Questions for my doctor

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Self-disclosure, what information should be withheld and what needs to be shared

Small Group peer review

The instructor will put you into small groups or pairs based on answers shared on the graphic organizer. Before starting the discussion, identify who you will provide feedback to and write their name below.

I connected with (peer's name) _____
to give feedback on their health care transition presentation.

OPTIONAL: Rubric for Peer Review

Peer Reviewing you: _____

The student presented information, findings, and supporting evidence clearly, concisely, and logically such that that listener can follow the line of reasoning

<p>The student presented information, findings, and supporting evidence clearly, concisely, and logically such that that listener can follow the line of reasoning</p>	<p>Feedback on share out</p> <p>Score: _____ / 5</p>
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