



Ready, Set, Action! Simple Strategies to Support Learning, Build Connections, and Offer Balance in an Ever-Changing World

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Presented by:

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As families and caregivers continue to support youth with remote learning and manage everyday life, access to easy-to-use resources is essential. Explore how OCALI's ASD Strategies in Action, an online, video-based training program, provides simple strategies and quick tips that can be used immediately. Hear from two parents of young adults with autism as they share their personal experiences using this FREE resource.

Supporting Resources:

Autism Center at OCALI www.ocali.org/center/autism

Autism Center Resource Gallery www.ocali.org/project/resource_gallery_of_interventions

- Breathing Cards www.ocali.org/project/resource_gallery_of_interventions/page/breathing-cards
- First-Then Board www.ocali.org/project/resource_gallery_of_interventions/page/first_then_board
- Incredible 5-Point Scale www.ocali.org/project/resource_gallery_of_interventions/page/5_point_scale

ASD Strategies In Action, Autism Certification Center at OCALI www.asdstrategies.org

Family and Community Outreach Center at OCALI www.ocali.org/center/family

#HereToHelp Video Gallery www.ocali.org/project/HereToHelp-Video-Gallery

- Home Base/Calming Spots www.ocali.org/project/Home-Base-Calming-Spot
- Routines www.ocali.org/project/Routines
- Self-Regulation www.ocali.org/project/executive-function-self-regulation
- Special Interests www.ocali.org/project/special-interests

OCALI Lending Library www.ocali.org/project/lending_library

Additional Resources:

Autism Internet Modules (AIM) www.autisminternetmodules.org

- Home Base
- Rules and Routines
- Special Interests