

Multi Agency Transition Planning

**Person Centered Thinking and  
Backwards Planning Template**



## Question 1

What do we know about the youth's desired adult outcomes?

Youth Name	Case Manager	Current Grade	Current School Year	Targeted Graduation Year

Parent/Family Names	Contact Information for Parents

Adult Education/Training Goal - Ongoing Adult Learning	Postsecondary Competitive Integrated Employment Goal	Adult Living - Community Membership Goal

## Question 2

### What do we know? Person-Centered Thinking

#### Preferences

Who I choose to spend time with.

What I choose to do during my free time.

How I prefer to receive information

How I prefer to communicate

Preference for working alone with 1 person or groups?

Environmental preference. Open, active, quiet, dark?

#### Skills/Strengths

Talents, gifts, abilities

What I am good at doing.

When I am most independent.

What helps me to be successful.

My skill set for learning.

#### Interests

What fascinates me.

What gains my attention

What is meaningful to me

What is motivating/reinforcing to me.

Hobbies or collections

Favorite things, people, places, etc.

What I like to do around the house.

#### Needs

What challenges me.

What requires help.

What is difficult for me.

When I request assistance.

What helps me feel most comfortable or safe.

'Needs' that currently require another person to be present.

Name

<b>Question 3.</b> <b>What else do we need to know</b>	<b>Question 4.</b> <b>How will we find the answers?</b>

*Keep in Mind: The Processes identified in Question 4 are part of the Transition Assessment process and provide Transition Assessment Data*

## Question 5

What steps do we need to take to move the youth from where he/she is now to where he/she wants to be (the desired adult outcomes)?

**“Where is the Youth Going?”**

**Desired Adult Outcome** (select an outcome or goal to focus on from Question 1 and update if necessary)

- Postsecondary Competitive Integrated Employment Goal
- Adult Education/Training Goal - Ongoing
- Adult Learning Adult Living - Community Membership Goal

# Backwards Planning

**Desired Outcome/Adult Goal:** \_\_\_\_\_

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Current Date: _____ Current Skill (Baseline) identified by AATA or Discovery (or other known information)	Steps to Reach milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Target Dates: _____ Future skill or milestones required in order to achieve desired goals/outcomes
Interests, Skills, Preference, Needs, etc.:					Interests, Skills, Preference, Needs, etc.:
Communication					Communication
Independence					Independence

# Backwards Planning

**Desired Outcome/Adult Goal:** \_\_\_\_\_

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Current Date: _____ Current Skill (Baseline) identified by AATA or Discovery (or other known information)	Steps to Reach milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Target Dates: _____ Future skill or milestones required in order to achieve desired goals/outcomes
Social/Social – Emotional					Social/Social – Emotional
Work/Employment/ Leisure Skills or Knowledge:					Work/Employment/ Leisure Skills or Knowledge:
Academics					Academics