

## SOCSS – Eating in the Cafeteria Example

**Situation:**

**Who:** Krystal and peers

**When:** At lunch time sitting with peers

**What:** Krystal tries to take food off of other peers’ trays. Peers yell at her and move their tray. Krystal becomes upset and starts to yell.

**Why:** Krystal is on a restricted diet and isn’t allowed to eat certain foods. She sees many of the food items on other peers’ plates and she wants them.

**Where:** Cafeteria

**Desired Outcome:**

Options	Consequences	Choices
1. I can keep trying to take food off of peers’ plates	Peers continue to yell at me and move their plates	4
2. I can eat my own lunch.	Peers stop yelling at me	2
3. I can ask to go to the classroom.	Finish my lunch in the classroom	3
4. I can say ‘that’s ok’ after being told ‘no’ by peers.	Peers stop yelling at me	1

**Strategy: Action Plan (choose one option)**

**Option #4:** Teach Krystal how to ask her peers for one of their food items and if they say ‘no’, teach her how to say ‘that’s ok.

Simulation	Select One
1. Using visual supports, discuss the various Options and Consequences with peers and adult(s)	
2. Using visual supports, discuss what may happen in your Situation based on your Options and Consequences.	

3. Practice Options and Consequences with adults first then peers.	Role-play with both adults and peers using visual supports.

**Simulation Outcomes**  
Krystal watched two adults role-play Option 4.  
Krystal role-plays Option 4 with adults.  
Krystal role-plays Option 4 with peers.  
Krystal is able to use the visual supports and role-play practice saying 'that's ok' when asking peers for food items.

**Follow-Up**  
Krystal is provided a reinforcement every time she said 'that's ok' after asking peers for a food item and was told 'no'.