

Terminology

a. **Allistic:**

Not having autistic traits.

b. **Autistic:**

Who someone is or traits they have.

c. **Neuroaffirming:**

The idea that no singular neurotype is inherently superior to another and support and understanding should be provided to all, but specifically the neurominority who may otherwise be overlooked by the neuromajority.

d. **Neurodivergent:**

A broad category of different neurotypes. Autism is a form of neurodivergence, along with ADHD and other presentations. All autistic people are neurodivergent, but not all neurodivergent people are autistic.

e. **Neurodiversity:**

The idea that there are varied neurotypes. We are all diverse.

f. **Neurotypical:**

The prevailing neurotype. Sometimes called the "neuromajority."