

# Employment and Youth with Autism Spectrum Disorder



## Planning and preparation can help bring the future into focus!

The Employment Guidelines can assist individuals with ASD and their teams to plan and navigate the path to meaningful employment. Learn how unique qualities and passions can be matched with a successful career.

Discover practical strategies to create successful employment for individuals with ASD and other disabilities, including supports and resources that can lead to and assist youth now and into the future.

**Planning**



**Practice**



**Partnership**



**A Path to Meaningful  
Employment!**



Lifespan Transitions  
Center

## *Building pathways to community-based adult lives for individuals with disabilities*

*Transition to Adulthood Guidelines: Employment and the Youth with Autism Spectrum Disorder* contains the following information and tools to help in the employment planning and transition journey:

- A review of the current and changing landscape of employment;
- Specific implications and considerations for the youth with ASD when preparing for and seeking employment;
- Strategies aligned to potential challenges faced by youth with ASD;
- Tactics and resources to create an ideal life path that is person-centered and that includes clear communication within the transition team;
- A review of important agencies to support the individual on the Path to Employment;
- Resources for improving career development and employment support; and
- Case studies that provide real-world examples of three people with autism who are living their preferred adult life with successful transition and support strategies.

By beginning with the end in mind, youth and young adults with ASD can thrive in the workplace through proper preparation, opportunity and support.

For more information and resources visit  
[www.ocali.org/project/transition\\_to\\_adulthood\\_guidelines](http://www.ocali.org/project/transition_to_adulthood_guidelines)