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| **Skills Areas Associated with Self- Determination** | **Where Can Youth Learn About, Practice and Develop Skills in Current Course of Study?** |
| Choice-making |  |
| Decision making |  |
| Problem solving |  |
| Goal setting and attainment |  |
| Independence |  |
| Risk-taking and safety |  |
| Evaluation and reinforcement |  |
| self-instruction |  |
| leadership |  |
| self-observation, self-awareness and self-knowledge |  |