

"Would You Rather"

Preference and Reinforcement Survey

Directions

Use this survey to learn about the person's preferences. Circle the option the individual would prefer from each pair of choices. If the person doesn't like either item, just add n/a after the question. If suitable, the person may complete this survey independently. Use their responses to help identify potential reinforcers.

Would you rather have a piece of chocolate or a salty potato chip?

Would you rather go for a walk or listen to music?

Would you rather play video games or eat a snack?

Would you rather read a book or take a nap?

Would you rather get a new toy or pick a movie to watch?

Would you rather have Pepsi products or Coke products?

Would you rather swing or sit on a bench on a nice day?

Would you rather eat sweet candy or sour candy?

Would you rather wear a hat or sunglasses?

Would you rather curl up with a heavy blanket or light-weight blanket?

Would you rather drink white milk or chocolate milk?

Would you rather listen to country music or pop music?

Would you rather take a bath or a shower?

Would you rather play with a puppy or kitten?

Would you rather have a poster of an animal or a super-hero in your room?

Would you rather earn money or take a break from an assignment or chore?

Would you rather receive a sticker or a special privilege?

Would you rather receive a high five or a fist bump?

Would you rather use a laptop or a smart phone to watch movies?

Would you rather receive a hug or a handshake?

Would you rather eat pop tarts or cereal for breakfast?

Would you rather buy new clothes or used clothes?

Would you rather jump on a trampoline or jump rope?

Would you rather play outside for 10 minutes or play a game for 10 minutes?

Would you rather have a dance party or watch your favorite show?

Would you rather draw or journal?

Would you rather do a puzzle or play a board game?

Would you rather have a cookie or a piece of fruit?

Would you rather have a piece of cake or a cupcake?

Would you rather drink juice or a smoothie?

Would you rather have a snack now or save it for later?

Would you rather have 5 extra minutes of screen time or choose music for the class?

Would you rather sit with the teacher at lunch or with a friend?

Would you rather work alone on a project or with a classmate?

Would you rather be the leader in a group activity or follow along as part of the group?

Add additional "Would you Rather" questions below.