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| Learner/Job-Seeker/Student | Team Members |
| 1. What is the goal? What independent skill or action does the person want to accomplish or manage?  *This is the goal that I have selected. I will be able to:* | ***TEAM SUPPORT***  *The team will use the following interventions and instructional strategies to teach the needed skill or components of the skill with the goal of independent self-management.*  6. How will team members (teacher/job coach/ paraprofessional) teach the self-management process (Steps 1-5) to the person? |
| 2. What are the steps or actions needed to accomplish the goal?  *Identify the systematic steps and actions that will be used to self-manage and accomplish the targeted skill. Use a Task Analysis to assist in identifying all the necessary steps.*  *I will use the following steps to accomplish the goal:* |
| 3. What is the method to SELF-evaluate progress or success?  *I will keep track of how well I am doing or if I have accomplished the goal by doing the following:* |
| 4. What reinforcement will be included to improve success and to keep ‘raising the bar’?  *I will reward myself when I accomplish my goal (or certain steps) using these ideas:* |
| 5. What supports or strategies can be incorporated as a reminder of what to do?  *I will remember to follow the steps to reach my goal using these supports:* |